

*St Teresa's Hospice*



Reg Charity No. 518394

# ***Talking to Children about Loss***

## **Setting the Scene**

# Why is talking about death, dying and bereavement important?

- Death is a part of life!
- We are likely to come into contact with children and young people who are facing or who have experienced bereavement
- It is important to be proactive

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# Every Child Matters

Be healthy

Stay Safe

Enjoy &  
achieve

Make a  
positive  
contribution

Achieve  
economic  
wellbeing

# Talking to children about loss...in Darlington

Our aim is to...

- **provide high quality specialist bereavement support**
- **enable families, schools and our local community to respond to loss or bereavement in a child's life as positively as possible**
- **promote opportunities to learn about death, loss and bereavement**



# What have we learnt so far?

- Children & young people tell us that they need to be heard and given a voice
- Most children & young people don't need specialist services but rather the understanding of familiar and trusted adults
- Normalising grief is reassuring & empowering
- Grief is a life long journey
- Children & young people say that bereavement significantly affects their well-being
- We can't protect children from death but we can be there for them when it happens

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Should a child be denied a balloon because an adult fears it will burst?



# Our Contact Details

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