

How do I access this support?

To find out more or make an appointment, please contact us by

telephone 01325 254321

email: enquiries@darlingtonhospice.org.uk

call in at the Hospice

or write to

Family Support
St Teresa's Hospice
The Woodlands
Woodland Road
Darlington
DL3 7UA

You can also be referred via your own GP, district nurse or social worker.

We are generally open 9.00 a.m. to 5.00 p.m., Monday to Friday. Evening appointments may be available on request.



St Teresa's
Hospice
Giving to life

**The Woodlands, Woodland Road,
Darlington, DL3 7UA**

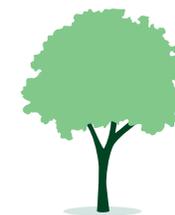
telephone 01325 254321

enquiries@darlingtonhospice.org.uk

For more information about our services:

www.darlingtonhospice.org.uk

Registered Charity No. 518394



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Why would I need family support from the Hospice?

If you or someone you care about has been diagnosed with a life-limiting illness, life is never the same again.

Living with illness can bring a number of difficult changes that may affect you and your family, on both a practical and emotional level.

We are here to support you through this difficult time by offering practical advice, information or someone to talk to, working within the Hospice and alongside other organisations in the community.

The family support team is made up of specialist social workers, counsellors and support workers.



What does the family support team offer?

- **Space to talk** - about how you are feeling and support to manage the impact of illness.
- **Assistance with practical matters** - e.g. finances/benefits, housing, work-related issues or accessing appropriate support services.
- **Specialist resources** - to help families communicate about illness and the impact of illness.
- **Direct support to children and young people** - via a range of group and individual work.
- **Support for carers** - our carers' group is an informal group that offers family and friends opportunities to meet others in a similar situation, and provides access to practical advice and support from a range of professionals.

Who can access the family support team?

- Anyone with a life-limiting illness.
- Family, friends, and carers (even if the person who is ill is not known to a Hospice service).
- Children and young people.
- Support can be provided either individually or to the whole family.

We have a specially built facility with private rooms to talk as well as a family room designed to allow children and young people to feel at home. We can also visit you at home or in hospital, if appropriate.

