

Things I would need to bring in with me:

- All medication you are taking in the original sealed packages, which clearly shows that it has been prescribed for you. A minimum of one weeks' supply. We will not accept Dosset boxes
- Comfortable clothing for both day and night time
- Toiletries
- All medical/clinical equipment that you use at home e.g. nebuliser, dressings, catheters
- Mobile phone, tablet, laptops etc. are allowed but please inform a staff member to arrange a safety check, if necessary
- All documentation with regards to Advance Care Planning e.g. Advance Care Plans, DNACPR, Emergency health Care Plans, Advance Directive

Things I would not need to bring in with me:

- Towels
- Valuables and large sums of money. The Hospice will not accept liability for any loss or damage



St Teresa's
Hospice
Giving to life

**The Woodlands, Woodland Road,
Darlington, DL3 7UA**

telephone 01325 254321

enquiries@darlingtonhospice.org.uk

For more information about our services:

www.darlingtonhospice.org.uk

Registered Charity No. 518394

IN PATIENT UNIT



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What is In Patient Care?

At St Teresa's Hospice we provide In Patient Care in our Nurse-led unit, in individual en suite bedrooms. Our aim is to make a patient's stay as comfortable as possible by offering friendly and homely support in a calm, peaceful environment by highly trained and experienced staff.

Medical Cover

Your own GP remains responsible for monitoring your medical needs while you are in the Hospice. In addition, advice may be sought from specialist palliative care doctors. If you live outside the Darlington area, a local GP practice will be asked to oversee your care, during your stay.

Why would I need In Patient Care and how do I access it?

You may be referred to the Hospice by a health professional (such as GP, District Nurse, Macmillan nurse or hospital nurse) who feels you would benefit from a stay. Reasons for admission may be for management of uncontrolled symptoms, such as pain, nausea, shortness of breath; and/or for observation and assessment, psychological support, or for end of life care.

You are very welcome to visit the Hospice before a possible admission, or to telephone with any queries you may have.

What happens when I come in?

You will be met by your allocated named nurse who will help you to settle in to your room. They will liaise with you and your family to develop a plan of care for your stay. The In Patient Unit is a short term option only and your care will be reviewed weekly.

All of our rooms are single with en-suite facilities and each has a television and DVD. Newspapers are delivered daily and there is a small selection of books, CDs and DVDs for you to borrow during your stay.

Complementary Therapies will be available during your stay and also hairdressing and manicure, depending on availability.

A variety of meals, drinks and snacks are available throughout the day. A Bistro is located on the ground floor for you and your family/friends to visit if possible.

Visiting

There are no restrictions on visiting times, although there may be occasions when staff will suggest staggered visits if they feel that you are not able to get sufficient rest.

Relatives and friends wishing to make enquiries about you may contact the In Patient Unit direct on 01325 254313.

Free car parking is available at the Hospice. Disabled bays are located opposite the main entrance, which also has ramped access.

Smoking Policy

St Teresa's Hospice is a non-smoking site. This also includes E-cigarettes.

Alcohol

Your family and friends are not allowed to consume alcohol on the Hospice premises.

Making Choices

During your stay at St Teresa's Hospice the staff can assist you in making plans and decisions about your future care, if you so wish. This can include Advance Care Planning, Resuscitation, Emergency Health Care Plans and Advance Decisions to Refuse Treatment.

Resuscitation Policy

Equipment for active resuscitation is not available at the Hospice. Clinical staff are trained in basic life support, but for a sudden unexpected collapse the staff would call 999 for emergency assistance and for possible transfer to hospital. Active resuscitation is rarely appropriate for patients at St Teresa's Hospice.