Hello, and welcome to Issue #7 of Good News.

It has been humbling to see so many businesses and individuals donating PPE and hygiene products, as well as other practical items, to St Teresa’s Hospice during the lockdown. This issue we’ve created a roll of honour to acknowledge their excellent support at what has been a difficult time for them too. Please join us in sending them all our love!

For previous issues please visit darlingtonhospice.org.uk

Yours in hospice friendship, Jane Bradshaw, Chief Executive

Going the extra mile, part 1!

Athletes are celebrating after completing the virtual 30-day Yakman Challenge, a trial that saw entrants run and cycle the equivalent of Land’s End to John o’ Groats to raise much-needed funds.

The event was organised by Grant McTaggart, a long-time supporter of St Teresa’s Hospice, and involved 140 people raising close to £4,000 for the Hospice. Throughout June, participants completed one of four options: cycle and run the complete length from Land’s End to John o’ Groats which comprises 774 miles by bike and a 100 mile run; cycle and run from Darlington to John o’ Groats, which is 400 miles on the bike and a run of 60 miles; cycle as far as they could from Land’s End; or run as far as they could from Land’s End.

For Darlington Triathlon Club member Katherine Butterfield the event was the perfect antidote to lockdown, a chance to improve her fitness and help an invaluable community service, which is literally around the corner from her home, by raising £736.25.

She said: “It was great to have something so worthwhile to focus on when all our other races were cancelled. I initially planned to do the shorter route but because I was working from home did this in just two weeks so thought I would give the full distance a go. I ended up cycling 774 miles and running 100, most of which with my rescue collie-cross Alfie.”

Anyone wanting to organise a fundraising activity can contact the hospice on (01325) 254321 or email events@darlingtonhospice.org.uk for advice.

Visit www.ebaystores.co.uk/St-Teresas-Hospice-Shop to find hundreds of interesting items each month. You can also donate to St Teresa’s Hospice when you shop at Amazon. Head to smile.amazon.co.uk to find out more.

The extra mile, part 2!

As this issue went to press we were delighted to find out that another Hospice supporter, Michelle Boshier, has completed the 2.6 Challenge she began back in April. Michelle has been running 2.6 miles up and down her garden path EVERY DAY since 17th April! Michelle said: “I thought 31st July was a good time to stop as things are very slowly getting back to normal and I think my neighbours are sick of me now! Just to say a big thank-you to all that have sponsored me, I really enjoyed the challenge.”

There is still time to sponsor Michelle at www.justgiving.com/Michelle-boshier14

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Since March we have numerous donations of goods ranging from PPE for our clinical teams, to fresh fruit and vegetables for patients and staff, to cleaning products and safety supplies for getting our shops up and running again.

We’re incredibly grateful to all the organisations and individuals listed below for their donations (pictured left) that have helped us to respond to the COVID-19 pandemic.

3M UK Plc
Alexandra Nicholson
Ann Mines
B&Q and Screwfix
Barnard Castle School
Brown Welch (11)
Café Spice
CAG Management Solutions Ltd
Chris Smith
City Plumbing (8)
Cleveland Fire Brigade
Darlington College (1)
EMX Dynamics Ltd.
G4B (9)
Glaxo Smith Kline Plc.
Helena’s Hospice Foundation (12)
Hummersknott Academy
Hurworth Covid-19 Support Group
Iceland Darlington (2)
Jacquie Hauxwell
Joseph Wakefield
Lorna Wilson
Lyn Hatch
Lyn Vine (6)
MT Print
New Look Darlington (3)
Primary Health Care Darlington “Rate Your Restaurant” Darlington Facebook Group (7)
Royal Mail Darlington
Ruck Engineering
Sandra Heeney Body Shop at Home
Scrub Hub North East (10)
Shaun Cockfield
Subsea Innovation Ltd
The Angel Trust (5)
The Clinkard Group Ltd
The Provincial Grand Lodge of Mark Master Masons of Durham Benevolent Fund
Tracey Dale (4)
Trish Brown Hairdressing
UTC South Durham
Wilton House Nursing Home

Please send a #hugtoStTeresas! Donate at www.justgiving.com/campaign/HugToStTs